

# UNDERSTANDING HOW TO VOLUNTEER WITH THE YMCA



Find a YMCA close to you

## STEP 1



We have YMCA's in Western Cape, Eastern Cape, Kwazulu/Natal and Gauteng



check on Google for website address

## STEP 2



Select the YMCA closest to you and give them a call or visit their website



Decide which programme your skills are best suited for

## STEP 3



Contact the relevant local YMCA General Secretary to connect to the relevant programme



Sign a volunteer agreement form

## STEP 4



Attend an orientation course to help you understand the mission of the YMCA



Commit to a regular volunteering activity for at least 3 months

## STEP 5



Give us regular feedback - we promise to value your contribution

YOU ARE NOW A VALUED  
YMCA VOUNTEER



You did it! Congratulations!