

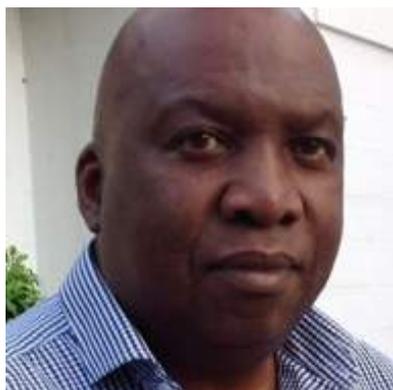


Y-TALK

www.saymca.org.za

Empowering Young People for Life, Leadership & Service

From the NGS



This weeks Y-Talk highlights the increasingly important role that young people are making to the YMCA in South Africa.

The issue of citizenship is key to the youth empowerment vision of YMCA. When we talk about empowering young people, we measure our success by the resilience and active citizenship of our young members.

In today's Y-Talk we are proud to launch the 'Be like Mo' campaign aimed at raising awareness about what it is to be an active citizen. It's a campaign initiated and driven by young people.

Over the next few months you will hear more about the campaign. Enjoy the read.

Be Like Mo!

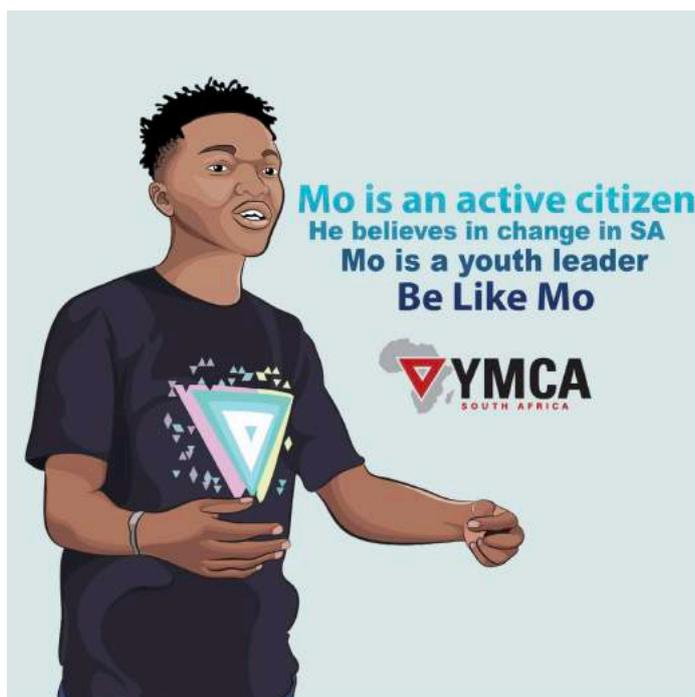
... an active citizen

Hello! My name is Mo and I am one of the National Youth Reps for the South Africa YMCA. I'm a blogger and social entrepreneur but most importantly, I am an active citizen.

I love my continent and country but I am also very rooted to my community, so this means I take local actions to make positive change wherever and whenever I can.

Being an active citizen means as a young person I am acting and fostering real impact at all spheres of influence.

Young people are today's leaders so we need to become social innovators and



create ideas for our own future.

I believe in the Renaissance of Africa and all her children, therefore it's all our duty and responsibility to get into the driver's seat and lead this change and rebirth.

The YMCA has over the past decade developed a model of empowerment for youth. The philosophy of S2C aims to address the economic, political and moral crises of young people. We achieve this by providing empowerment spaces for youth.

While in the past, these spaces have been physical we need to reimagine and transform them to meet the digital demands of the 4th Industrial Revolution.

The YMCA can only thrive in the 21st century by investing in the potential of our young

people, and by providing the necessary tools for them to become role players in their own development.

The volunteers and staff across local communities in South Africa have been working selflessly and tirelessly in various interventions for the vulnerable victims of the Covid-19 pandemic. Such efforts are what active citizenship is all about

Covid-19 makes this more urgent. Life will never be what it was. The new normal means that we get the opportunity to redefine our lives now.

This means we must act. We must be more and do more. Let us own our future.

Let us all be active citizens.

Youth in the driving seat during Covid 19

During the Youth Month of June, SA YMCA youth hosted a dialogue with the Theme

“ Youth in the Driving Seat during COVID 19”, provoking young minds to find new ways to adjust to the “New Normal. The Dialogue was graced by Vezi Mncwango, a senior Volunteer of the YMCA and a Professional Associate at GIBS, the business Science institution of the University of Pretoria, who was the main speaker.

2020 Youth month was dedicated to strengthening the resolve even under these very difficult circumstances, to

work together to move South Africa towards realising the outcomes of the

National Development Plan, through harnessing young people as instruments and assets for development, despite the current setbacks they face due to COVID-19.

Youth from all local YMCAs participated in the on-line session and were challenged by Mr Mncwango to be the change agents in defining the “ new normal “ and to use this time to prepare



themselves to be in the Driving Seat.

The inaugural Y Leaders Talk Series kicked off on the 8 July 2020 with a Theme “ The State of YMCA in the times of COVID 19. The Secretary General of the World Alliance of YMCAs, Carlos Sanvee, was the main speaker of the session.

The Y Leaders Talk Series is a virtual, safe space created to generate cutting-edge information to keep the national movement abreast of development in the youth sector and re-position dominant narratives during the COVID 19 pandemic.

Carlos' presentation gave a background on how the pandemic had affected the World Movement. He shared a recovery Plan which revolves around the “3 Rs” , Resilience, Recovery and Reimagining. He emphasised that YMCAs are better placed in our communities to provide hope and a solution during and Post COVID 19.

The Y Leaders Talk Series future webinars will feature prominent Leaders in Society such as Phumzile Mlabo – Ngcuka and Rev Bafana Khumalo to name a few.

The next session is on the 22 July 2020.

MMC for Community Services and Health for the City of Cape Town - Dr. Zahid Badroodien visits the Cape Flats Homeless Shelter. This is his view...

Today, as we continue to visit Shelters across Cape Town, I had the opportunity to visit YMCA Shelter in Strandfontein.

The shelter is managed by Pastor Ricky De Reuck who is dedicated to seeing positive change happen in the lives of our most vulnerable in the city. I am pleased that the facility is run in partnership with the City. It's so inspiring to see dedicated people citizens such as Pastor De Reuck, invest their time in service to the people of our City.

As a caring City, we strive to effect positive change in the lives of the most vulnerable amongst us. We do this by not only providing shelter opportunities but also upskill and offer empowerment opportunities.

We continue to support shelters such as YMCA. These shelters play a vital role in changing the lives of many of our homeless and vulnerable communities.

Ricky de Reuck is the General Secretary of the Cape Flats YMCA...and maybe a pastor?





OPPORTUNITIES AND CHALLENGES IN THE TIME OF COVID-19

Date: 22 July 2020

Time: 17H00

Zoom Webinar

For more info contact **Pasca Ndlovu**
pascandlovu@saymca.org.za



Speaker: Nirina Rakotomalala
General Secretary
Africa Alliance of YMCAs

#YeNOW

You are invited to our second Y-Leaders Talk Series webinar.
When: Jul 22, 2020 05:00 PM Johannesburg
Topic: Opportunities and Challenges in the time of COVID 19

Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_-jv599l3Q1yhrVfdkz8kSg